

# Hospital Bag Checklist

## *For Mommy*

- Maternity Notes
- Top (for water birth)
- Gown
- Nursing Bra
- Briefs
- Lady Pants
- Maternity Pads
- Button Up Shirts
- Hair Bands
- Deodorant
- Dry Shampoo
- Going Home Outfit (loose)
- Hair Brush
- Snacks
- Drinks
- Water Bottle with Straw
- Warm Socks
- TENS Mashine
- Camera
- Money

## *For Baby*

- Car Seat
- Nappies
- Nappy Sacks
- Hats (2 sizes)
- Vests (2 sizes)
- Sleepsuits (2 sizes)
- Blanket x 2
- Scratch Mittens
- Water wipes
- Baby's Diary

## *Extras*

- .....
- .....
- .....
- .....
- .....
- .....

*We Are Ready!*